

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Results - Session 1 (Warmuo 7.45 - 8.45)

Event 104 Girls 12-13 200 LC Meter Backstroke					Event 104 Women 14-15 200 LC Meter Backstroke						
Name		Age	Team		Prelim Time	Name		Age	Team		Prelim Time
Preliminaries					Preliminaries						
1	Roberts, Rosie	13	Torfaen D		2:29.59	1	Anderson, Rosalie	15	Co Cardiff		2:28.34
	34.95	38.27	38.90	37.47		33.87	37.63	39.03	37.81		
2	Tovey, Lyra	13	Mt Kelly		2:31.09	2	Bennett, Isla	14	Co Cardiff		2:28.75
	34.79	38.46	39.29	38.55		33.60	36.83	38.93	39.39		
3	Davies, Isla	12	Nofio S Gar		2:34.16	3	Hall, Emily	15	Warrington W		2:30.86
	35.93	40.52	40.60	37.11		34.74	39.43	39.04	37.65		
4	Owen, Nel	12	NofioGwynedd		2:39.38	4	Thomas, Serenity	15	NofioGwynedd		2:31.66
	37.97	40.90	40.89	39.62		35.03	37.35	39.51	39.77		
5	Emms, Ela	13	Co Cardiff		2:41.05	5	Edwards, Alaw	15	NofioGwynedd		2:31.92
	36.23	39.84	42.68	42.30		35.57	37.47	39.54	39.34		
6	Williams, Paige	13	Swansea Aq		2:41.17	6	Hutchon, Annie	14	EllesmereCSA		2:33.00
	36.53	39.96	41.95	42.73		36.24	38.81	39.25	38.70		
*7	Morgan, Millie	13	Teddington		2:42.02	7	Allen, Isabel	14	Co Cardiff		2:33.17
	38.50	41.70	41.42	40.40		34.93	39.33	39.82	39.09		
*7	Gray-Thomas, Jessica	12	Conwy		2:42.02	8	Spence, Emilia	14	Co Birm'ham		2:33.44
	38.24	41.22	42.47	40.09		36.08	39.83	39.79	37.74		
9	Scales, Eve	13	EllesmereCSA		2:42.35	9	Roberts, Mali	15	NofioGwynedd		2:33.72
	37.52	41.07	41.70	42.06		35.21	38.60	39.44	40.47		
10	Van Zyl, Kiara	13	Co Cardiff		2:42.54	10	Arnold, Jessica	15	Swansea Uni		2:34.45
	37.64	41.56	42.30	41.04		35.38	38.53	41.18	39.36		
11	Beasley, Evaleigh	12	Swansea Aq		2:43.32	11	Jones, Hunydd	14	Nofio S Gar		2:34.52
	38.61	41.82	42.18	40.71		36.59	39.71	40.07	38.15		
12	Olszewska, Maya	13	Co Newport		2:43.99	12	Hands, Ava	14	Nuneaton		2:35.33
	38.55	42.04	42.71	40.69		35.16	39.12	40.97	40.08		
13	Opiniano, Francesca	12	Teddington		2:44.90	13	Roberts, Isabel	15	Co Cardiff		2:36.21
	38.39	42.69	42.96	40.86		36.81	40.30	40.39	38.71		
*14	Henderson, Darcy	13	Okehampton		2:45.51	14	Taffetsauffer, Isabella	14	Nofio S Gar		2:37.37
	37.67	43.19	43.44	41.21		36.26	39.88	40.74	40.49		
*14	Jones, Cadi	13	Co Cardiff		2:45.51	15	Ribeiro, Ariana	14	Co Cardiff		2:37.38
	38.77	41.51	43.18	42.05		41.13	39.97	41.13	39.78		
16	Jones, Aimee	13	Okehampton		2:45.75	16	Reed, Isabella	14	Co Cardiff		2:37.83
	37.72	42.41	44.13	41.49		36.82	39.59	40.89	40.53		
17	Davies, Elizabeth	12	Pembs Cty		2:46.43	17	Sundsbo, Klara	14	Hackney		2:38.92
	38.62	42.56	43.16	42.09		36.86	40.77	41.21	40.08		
18	David, Emily	13	Cockermouth		2:46.64	18	Williams, Lili	14	Rct Squad		2:39.01
	37.91	43.45	43.34	41.94		36.62	40.69	41.45	40.25		
19	Hawkins, Lottie	12	Pembs Cty		2:46.80	19	Fowler, Maisie	14	Rct Squad		2:40.90
	38.73	42.09	42.41	43.57		36.60	41.09	41.73	41.48		
20	Boxall-Leggett, A	13	Okehampton		2:48.50	20	Hughes, Nel	14	NofioGwynedd		2:40.94
	39.54	42.57	43.14	43.25		36.71	41.06	41.70	41.47		
21	Jasper, Lily	13	Co Cardiff		2:48.95	21	McFarlane, Una	14	Pembs Cty		2:41.54
	39.30	42.81	43.13	43.71		37.32	40.63	42.15	41.44		
22	Chauhan, Amber	13	Nofio Bangor		2:49.11	22	Jenkins, Elli	14	Swansea Aq		2:42.13
	39.37	43.80	43.62	42.32		38.81	42.15	41.52	39.65		
23	Roberts, Phoebe	13	Conwy		2:49.85	23	Layland, Seren	14	Penyrheol		2:42.53
	41.11	43.52	43.56	41.66		1:24.57					
24	Pinnock, Betsan	13	Swansea Aq		2:51.01	24	Williams, Leah	14	NofioGwynedd		2:43.28
	39.68	43.09	44.53	43.71		37.83	42.64	42.39	40.42		
25	Williams, Layla	13	Newtown		2:54.03	25	Stephen, Freya	14	Teddington		2:43.51
	40.06	45.16	46.09	42.72		38.22	41.66	1:23.63			
26	Parry, Abigail	12	Nofio S Gar		3:01.32	26	Evans, Gwennan	15	Co Cardiff		2:43.73
	42.27	47.11	46.78	45.16		38.74	41.35	42.52	41.12		
						38.62	41.39	42.53	41.81		
						38.38	42.02	43.49	41.28		

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Preliminaries ... (Event 104 Women 14-15 200 LC Meter Backstroke)

Name	Age	Team	Prelim Time
29 Upton-Boorman, Isabella	15	Nofio S Gar	2:45.50
37.98	41.35	42.61	43.56
30 Dash, Amelie	14	Pembs Cty	2:45.75
38.43	41.25	42.54	43.53
31 Glanville, Lauren	14	Ast Burnham	2:45.80
38.16	42.69	42.81	42.14
32 Cressey-Rodgers, G	15	Nofio S Gar	2:46.35
38.75	42.81	43.26	41.53
33 Jones, Efa	14	Co Cardiff	2:54.99
39.10	43.28	46.02	46.59

12 Williams, Jody	19	Swansea Uni	2:29.91
34.44	37.02	39.15	39.30
13 Holt, Ava	18	Teddington	2:30.86
35.68	38.49	38.63	38.06
14 Gillingham, Grace	21	Nofio Bangor	2:36.94
34.86	38.83	41.16	42.09
15 Hickman, Eve	20	Bridgend Cty	2:43.11
36.42	40.12	42.85	43.72

Event 104 Women 16-17 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Dwyfor-Clark, Efa	16	NofioGwynedd	2:29.93
33.53	37.34	39.08	39.98
2 Hatton-Ellis, Isabelle	17	Swansea Aq	2:30.05
34.31	38.59	38.68	38.47
3 Hernandez Taylor, Ivy	16	Hackney	2:32.23
34.48	37.81	39.50	40.44
4 Darby, Daisy	17	Teddington	2:32.49
35.18	37.97	40.18	39.16
5 Slinn, Esme	16	EllesmereCSA	2:33.32
35.53	38.49	39.87	39.43
6 Parfitt, Lucy	17	Co Cardiff	2:33.81
36.34	38.35	39.86	39.26
7 Huws, Awen	17	Rct Squad	2:34.13
36.15	40.57	38.90	38.51
8 Howson, Ellen	16	Co Newport	2:37.91
37.35	40.02	40.73	39.81
9 Woodruff, Aimee	16	Crawley	2:38.36
35.26	39.80	41.61	41.69

Event 104 Women 200 LC Meter Backstroke Super Final

Name	Age	Team	Prelim Time
Preliminaries Super Final			
1 Marshall, Holly	19	Co Cardiff	2:21.12
33.72	35.07	36.12	36.21
2 Logan, Constance	17	Co B'Ton & H	2:21.79
32.84	36.17	36.89	35.89
3 Humphreys, Ffion	17	NofioGwynedd	2:22.89
32.53	35.34	36.76	38.26
4 Titchener, Megan	17	Torfaen D	2:23.55
33.30	36.19	37.14	36.92
5 Daniel, Megan	15	Caradon	2:23.85
33.37	36.29	37.38	36.81
6 Stephenson, Ruby	18	Swansea Uni	2:24.07
34.61	36.35	36.52	36.59
7 Winstanley, Elin	16	Co Hereford	2:25.67
34.54	37.47	38.88	34.78
8 Prosser, Sofia	13	Torfaen D	2:25.99
33.71	37.39	37.76	37.13
9 Blake, Emily	18	Co Cardiff	2:26.44
34.63	36.34	37.55	37.92
10 Evans, Lili	18	Co Cardiff	2:26.78
34.40	38.11	37.88	36.39
11 Salmon, Gwen	18	Rct Squad	2:29.01
35.18	38.11	38.30	37.42